After you master the fingerings, focus your eyes on bowing the pairs of strings accurately. Down means pull down toward the frog. Up means push towards the tip.

This is a standard shuffle in G you will use in many songs. Master each section before moving to the next!

The Shuffle in Back up and Push. Master this bowing pattern in open strings BEFORE MOVING ON!!

Now try it in F. Hold down both 2Ls on the 2nd & 3rd string with your 2nd finger.

Here is the 1st line of the song in F. Notice the alternating 3s on the 2nd string.

Move the same finger position to the next higher strings but still play the 3 lowest strings

Move the same finger position to the next higher strings and play the 3 highest strings
Move your fingers back down to the middle & play the 3 highest strings. This ends the Tutorial Section.

Here is the entire B Part of Back Up and Push. The key to learning it is to know which strings, either the upper 3 or lower 3, you should be playing on!