

Back Up And Push Part B Tutorial

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E After you master the fingerings, focus your eyes on bowing the pairs of string accurately.

A 4 Down means pull down toward the frog. Up means push towards the tip.

D 4

G

This is a standard shuffle in G you will use in many songs. Master each section before moving to the next!

Down Up Down Up Down Up Down Up Down Up Down Up

4

The Shuffle in Back up and Push. Master this bowing pattern in open strings BEFORE MOVING ON!!

DownUp DownUp DownUp DownUp DownUp DownUp DownUp DownUp

7

Now try it in F. Hold down both 2Ls on the 2nd & 3rd string with your 2nd finger.

Down Up DownUp DownUp DownUp DownUp DownUp DownUp DownUp

10 F

Here is the 1st line of the song in F. Notice the alternating 3s on the 2nd string.

Down Up DownUp DownUp DownUp DownUp DownUp DownUp DownUp

13 F

Move the same finger position to the next higher strings but still play the 3 lowest strings

16 C

Move the same finger position to the next higher strings and play the 3 highest strings

19 G

Move your fingers back down to the middle & play the 3 highest strings. This ends the Tutorial Section.

22

Here is the entire B Part of Back Up and Push. The key to learning it is to know which strings, either the upper 3 or lower 3, you should be playing on!

25

28

31

34

37

X3

40